

# SOUL TECHNOLOGY®

...Accelerated Coaching Program for Complete Life Mastery!

## NEW CLIENT QUESTIONNAIRE

Your Name: \_\_\_\_\_

The questions below lay the foundation for our coaching relationship. **First and foremost there are no wrong or right answers.** What truly matters is that you answer the questions whole-heartedly and not hold anything back.

**INSTRUCTIONS:** Please rate the following areas of well-being on a scale of 1-10 on how they presently exist in your life...

**“1” being almost non-existent... And “10” being quite abundant.**

Physical Stamina	_____
Mental Clarity	_____
Spiritual Expression	_____
Financial Mastery	_____
Quality of Relationships	_____
Personal Joy	_____
Success in Career	_____
Realization of Life Purpose	_____
Release of Personal Blocks	_____
In touch with “Inner Guidance”	_____

What 5 people and 5 activities do you spend the most amount of time with?  
**\*NOTE:** I mean beyond your personal partner/children/job/business...



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...**WHY?**

Name 5 people or situations that are available to you (beyond the ones listed above) that you have “**intended to get around to**”, or could have access to if you stretched – and if you did, would **dramatically** shift your life if you spent more time with them, or on this particular focus?

When and what have been the most significant long-term “**investments**” you’ve made in your own personal growth and development, financially, spiritually or otherwise?



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What would you say is the **SUPREME MOTIVATION** in your life? What is your **VERY HIGHEST** goal or personal intention? What in your life gives you the most *juice*, even if only when you *think* about it?

How will you know when you--and your life--are "*fulfilled*" and on target?

What sort of person do you strive to be? Tell me about the "*image*" of yourself that you are working towards? And don't forget to tell me *why*...



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Your Name: \_\_\_\_\_

What are your next **3 most important goals/aspirations**, and **WHY?** By **WHEN** do you want those goals/aspirations accomplished?

What **“obstacles”** are you in touch with that seem to be between you and the accomplishment of your goals/aspirations/best-self/best-life?

**HOW** have you addressed these obstacles or personal blocks in the past? Has that approach worked for you? And, if you have **NOT** addressed them, tell me exactly why you haven't?



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Your Name: \_\_\_\_\_

What is your **“purpose in life”** and how have you designed your life to fulfill that purpose? If you don't know your purpose, do you want to know it?

What else would you like to **clue me in on** about supporting you – and how you wish to be accountable to yourself -- as your coaching partner?



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**LASTLY...** What should I know about you as your Coach-partner in terms of the **best ways** to work with you to achieve the results that you desire?

(...What do you “respond” to best; what shuts you down; what excites?)

**\*NOTE:** It is helpful to print out this form and to answer the questions on separate sheets of paper – or list your answers in a detailed email to me.



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